

Barbara Gibson

DIRECTOR OF
PROGRAMS



PROFESSIONAL BIO

Barbara Gibson has been supporting survivors of abuse and trauma since joining the Women's Resource Center in 1990. She began her work as the organization's Family Advocate, conducting home visits and providing personalized assistance to survivors throughout the community. In 2007, she became the Safe House Director, overseeing shelter operations and offering emotional support, goal alignment, and transition services to adult guests. When WRC launched its transitional housing program in 2019, Barbara stepped into the role of Housing Services Director. In 2025, following the merger of WRC with the DeKalb Rape Crisis Center, she became the Director of Programs, guiding the agency's comprehensive services for survivors of domestic and sexual violence.

Barbara's expertise extends beyond direct service. She serves on the Board of Directors for the Georgia Coalition Against Domestic Violence and chairs the Membership and Programming Committee. She has completed the Prosecuting Attorneys' Council of Georgia Expert Witness Training and has designed and led trainings at the local and national levels on domestic violence, resilience, and self-compassion.

A dedicated practitioner of trauma-informed healing, Barbara is a 200-hour registered yoga instructor and meditation guide on Insight Timer. She holds certification from the Connection Coalition in Trauma-Informed Outreach Yoga and is a certified Community Resiliency Model teacher through the Trauma Resource Institute. She has also completed Shambhala Training Levels I and II, as well as Cognitively Based Compassion Training (CBCT). Passionate about holistic well-being, she encourages others to develop regular self-care practices that promote resilience and healing.

Barbara has been featured on various radio and television programs, shedding light on the critical importance of creating safe spaces for survivors, including children. She is currently pursuing a Master of Divinity at Emory University's Candler School of Theology, further deepening her commitment to service, advocacy, and personal transformation.

GET IN TOUCH

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